

9 Boxes

| Relationship | Family | Friends |
|-----------------|--------|------------------|
| Giving Back | Health | Faith (Values) |
| Personal Growth | Career | Hobbies/Passions |

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John Wooden

Success comes from knowing that you did your best to become the best that you are capable of becoming

Success = Capability x Behaviour

Humility Excellence Respect

Resilience





Tom Parsons @TomParsons_8 · 14 May 2018

Teammates, Opponents, Supporters, and all you GAA people.. THANK YOU from the bottom of my heart for all the Messages of support and Best Wishes at a rough time. "My Comeback will be Stronger than my Setback"

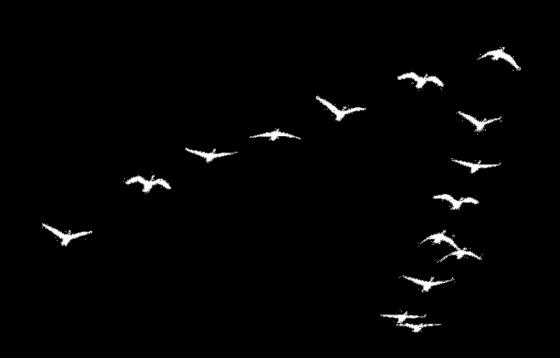
🔾 466 🐧 1.3K 🔘 15K

Unless commitment is made, there are only promises and hopes... but no plans"

P.F Durkan



Values-based Purpose-driven Vision-led



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| 0-10 | 10-20 | 20-30 | 30-40 | 40-50 | 50-60 | 60-70 |



Thank You